

Supplemental Materials (Coventry et al., 2026)

Survey - Demographic Q broadcasting around the square uestions

What is your age?

- 18 - 27 years
- 28 - 37 years
- 38 - 47 years
- 48+ years

What is your sex?

- Male
- Female

Are you of Aboriginal or Torres Strait Islander origin?

- Yes, Aboriginal will will will
- Yes, Torres Strait Islander
- Yes, Aboriginal and Torres Strait Islander
- No

What is your current registration status? (Tick all that apply)

- Enrolled Nurse
- Registered Nurse
- Registered Midwife

Which discipline is your graduate program in?

- Enrolled Nursing
- Registered Nursing
- Midwifery
- Registered Nursing & Midwifery

What is the area of specialty on your program?

- Mental Health
- General Medicine
- General Surgery
- Critical Care
- Midwifery
- Paediatrics
- Perioperative
- Other _____

At which health service location are you/did you participate in your program?

- South Metropolitan Health Service
- North Metropolitan Health Service
- North Metropolitan Mental Health Service
- Child and Adolescent Health Service
- Child and Adolescent Mental Health
- East Metropolitan Health Service
- WA Country Health Service

Connor-Davidson Resilience Scale (CD-RISC) individual question scores, n (%)

Question	Not true at all (0)	Rarely true (1)	Sometimes true (2)	Often true (3)	True nearly all the time (4)
I am able to adapt when changes occur.	0 (0%)	0 (0%)	6 (8%)	21 (28%)	48 (64%)
I have at least one close and secure relationship that helps me when I am stressed.	3 (4%)	2 (3%)	8 (11%)	17 (23%)	45 (60%)
When there are no clear solutions to my problems, sometimes fate or God can help.	30 (40%)	13 (17%)	16 (21%)	8 (11%)	8 (11%)
I can deal with whatever comes my way.	0 (0%)	1 (1%)	14 (19%)	38 (51%)	22 (29%)
Past successes give me confidence in dealing with new challenges and difficulties.	0 (0%)	1 (1%)	6 (8%)	32 (43%)	36 (48%)
I try to see the humorous side of things when I am faced with problems.	0 (0%)	3 (4%)	21 (28%)	23 (31%)	28 (37%)
Having to cope with stress can make me stronger.	1 (1%)	1 (1%)	20 (27%)	36 (48%)	17 (23%)
I tend to bounce back after illness, injury or other hardships.	0 (0%)	3 (4%)	7 (9%)	33 (44%)	32 (43%)
Good or bad, I believe that most things happen for a reason.	4 (5%)	5 (7%)	16 (21%)	26 (35%)	24 (32%)
I give my best effort no matter what the outcome may be.	0 (0%)	1 (1%)	3 (4%)	12 (16%)	59 (79%)
I believe I can achieve my goals, even if there are obstacles.	0 (0%)	0 (0%)	5 (7%)	32 (43%)	38 (51%)
Even when things look hopeless, I don't give up.	0 (0%)	0 (0%)	9 (12%)	37 (49%)	1 (1%)
During times of stress/crisis, I know where to turn for help.	1 (1%)	0 (0%)	13 (17%)	32 (43%)	29 (39%)
Under pressure, I stay focused and think clearly.	0 (0%)	1 (1%)	16 (21%)	43 (57%)	15 (20%)
I prefer to take the lead in solving problems rather than letting others make all the decisions	0 (0%)	3 (4%)	37 (49%)	29 (39%)	6 (8%)
I am not easily discouraged by failure.	0 (0%)	1 (1%)	27 (36%)	38 (51%)	9 (12%)

I think of myself as a strong person when dealing with life's challenges and difficulties.	0 (0%)	1 (1%)	7 (9%)	39 (52%)	28 (37%)
I can make unpopular or difficult decisions that affect other people, if it is necessary.	0 (0%)	5 (7%)	39 (52%)	23 (31%)	8 (11%)
I am able to handle unpleasant or painful feelings like sadness, fear and anger.	1 (1%)	2 (3%)	17 (23%)	38 (51%)	17 (23%)
In dealing with life's problems, sometimes you have to act on a hunch without knowing why.	1 (1%)	0 (0%)	31 (41%)	27 (36%)	11 (15%)
I have a strong sense of purpose in life.	0 (0%)	3 (4%)	18 (24%)	40 (53%)	14 (19%)
I feel in control of my life.	0 (0%)	1 (1%)	28 (37%)	26 (35%)	20 (27%)
I like challenges.	0 (0%)	0 (0%)	18 (24%)	40 (53%)	17 (23%)
I work to attain my goals no matter what roadblocks I encounter along the way.	0 (0%)	1 (1%)	13 (17%)	35 (47%)	26 (35%)
I take pride in my achievements.	0 (0%)	2 (3%)	8 (11%)	21 (28%)	44 (59%)