

Meriden Resident

2010-2011 NP Resident Schedule

		Mon	Tues	Wed	Thur	Fri	Comments
09/27/10	AM	Orthopedic Rotation	Orthopedic Rotation	Didactic: EKG Interpretation: 1st in series of 3 sessions	Precepted:Wilensky, MD	Precepted:Channamsetty, MD	Staff meeting 8:30am
	PM	Orthopedic Rotation	Independent clinic	Precepted:Olayiwola, MD	Independent clinic	Precepted: Rivera, MD	
10/04/10	AM	Orthopedic Rotation	Orthopedic Rotation	Didactic:Pediatric Asthma:	Precepted:Wilensky, MD	Precepted:Channamsetty, MD	Friday all staff mtg 8:30am
	PM	Orthopedic Rotation	Independent clinic	Precepted:Olayiwola, MD	Independent clinic	Precepted: Rivera, MD	
10/11/10	AM	Orthopedic Rotation	Orthopedic Rotation	Didactic: Managing Coumadin	Precepted:Wilensky, MD	Precepted:Blankson, APRN	10/15: 8:30am Medical QI meeting
	PM	Orthopedic Rotation	Independent clinic	Precepted:Olayiwola, MD	Independent clinic	Precepted:Blankson, APRN	
10/18/10	AM	Orthopedic Rotation	Orthopedic Rotation	Didactic: Diabetes Mgmt- starting insulin	Precepted:Wilensky, MD	Precepted:Channamsetty, MD	10/22: 8:30am Infection Control Meeting
	PM	Orthopedic Rotation	Independent clinic	Precepted:Olayiwola, MD	Independent clinic	Precepted: Rivera, MD	
10/25/10	AM	Independent clinic	Dermatology Rotation	Didactic:IUD Insertion	Precepted:Wilensky, MD	Precepted:Channamsetty, MD	pod team meeting 8:30am
	PM	Independent clinic	Dermatology Rotation	Precepted:Olayiwola, MD	Independent clinic	Precepted: Rivera, MD	
11/01/10	AM	Independent clinic	Dermatology Rotation	Didactic: Self Mgmt #1- goal setting	Precepted:Wilensky, MD	Precepted:Blankson, APRN	all staff meeting 8:30am
	PM	Independent clinic	Dermatology Rotation	Precepted:Olayiwola, MD	Independent clinic	Precepted:Blankson, APRN	
11/08/10	AM	Independent clinic	Dermatology Rotation	Didactic: Pain Management	Precepted:Wilensky, MD	Precepted:Blankson, APRN	all staff meeting 8:30am
	PM	Independent clinic	Dermatology Rotation	Precepted:Olayiwola, MD	Independent clinic	Precepted:Blankson, APRN	11/11- 6pm Medical Dinner

Figure 1. ‘Snap Shot’ of Resident Schedule

Weekly didactic and experiential sessions that address specific content, skills, and procedures are shown in Figure 2.

First Quarter	Second Quarter	Third Quarter	Fourth Quarter
<ul style="list-style-type: none"> -Focused history, interviewing, and documenting - Immunizations of children and adults, typical and atypical - EKG Interpretation: 1st in series of 3 presentations - Selecting, ordering, and interpreting laboratory tests - Initiating insulin in the diabetic patient - Initiating and managing anticoagulation therapy - Managing Pain: pharmacologic and non-pharmacologic approaches (1st in series of 2) - Chronic Heart Failure: assessment, diagnosis, management, and patient education - Pediatric Asthma: assessment, diagnosis, management, and patient/family education -Contraception: intrauterine devices: selection, insertion, counseling (1st in series of 2 presentations) -Orthopedics, upper and lower extremities and back: 1st in series of 3 presentations 	<ul style="list-style-type: none"> -Contraception: methods and options -Tobacco Cessation: evidence-based interventions including motivational interviewing - Pediatric growth and development: screening, assessment, identification and referral - Mindfulness-Based Meditation and Stress Reduction (lecture plus experiential) - Chronic Kidney Failure: assessment, diagnosis, management and patient education -Chronic Liver Failure: assessment, diagnosis, management and patient education -Anxiety and Depression: screening, assessment, diagnosis, management and patient education - Pap Smears: conducting and managing abnormal results -Pediatric growth and development: Part 2 - HIV/AIDS - Overview Part 1 of series of 2: overview, prevention, screening, testing -HIV/AIDS -pharmacologic management in primary care -Pre-Op Physicals -Orthopedics, upper and lower extremities and back: 2nd in series of 3 presentations - Resident Case Presentations to Sr. VP and CMO 	<ul style="list-style-type: none"> -Adult Asthma: assessment, diagnosis, management, patient education -Caring for patients with a history of trauma (physical, sexual, emotional) -ADHD: screening, detection, assessment, treatment, patient/family education - Oral Health: prevention, assessment, management, treatment of oral health problems - Geriatrics: assessment and management of common geriatric concerns - Podiatry: examination and assessment of the foot and common podiatric problems - Stages of change: self-management in primary care setting (series of 2) - Suturing: simple closure - Being on-call: assessment and management after hours - Managing menopause: assessment, management, counseling, education 	<ul style="list-style-type: none"> -Hepatitis C: screening, assessment, management, patient education - Managing neonatal jaundice and elevated bilirubin -Sexually transmitted disease: intensive, 3-day, off-site training -Orthopedics, upper and lower extremities and back: 3rd in series of 3 presentations - Position Search: The art of negotiating - Resident Case Presentations to Sr. VP and CMO

Figure 2: Didactic Lecture Schedule